

LEADERSHIP COACHING PROPOSAL 24/25 FY

Sally Cooper

CONSULTING GROUP



I am Sally Cooper, a Clinical Counsellor (PACFA registered) and the Director of Sally Cooper Consulting Group Pty Ltd. We specialise in delivering exceptional wellbeing support tailored specifically for small to medium-sized businesses. Our services encompass leadership development coaching, support in strategic growth and implementation planning, as well as overseeing employee counselling services through EAP (employee assistance programs). All our services are designed to enhance both individual and organisational performance.

With over two decades of experience in leadership coaching services across corporate sectors, community groups and non-profit organisations, we pride ourselves on our ability to offer customised support solutions that meet the unique needs of your team.

We are enthusiastic about the possibility of working with your team to foster a culture of wellbeing, cohesion and resilience within your workplace. We invite you to review the three levels of service available and look forward to discussing how we will contribute to your workplace's growth and success.

Contact us to discuss which of the three tiers of coaching support (or a variation of) are best suited for your workplace: info@sallyccg.com

Sally Cooper
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FOUNDATIONAL LEADERSHIP COACHING PACKAGE

Foundational Leadership Development Coaching program is designed to enhance the skills, knowledge, and effectiveness of leaders at various stages of their careers.

The program is structured to address the unique challenges and growth opportunities at different leadership levels, providing tailored topics and services depending on where they are at in their leadership experience and in what your business is requiring of their role.

Monthly coaching can cover some of the following areas to develop knowledge and skills for your leadership team promoting consistency for your company's

- Communication & Interpersonal Skills
- Self Awareness & Emotional Intelligence
- Time Management and Project Planning
- Fundamentals of leadership

Service	Cost per month	Per FY Investment
Leadership Coaching Monthly 60 min 1:1 session at either: <ul style="list-style-type: none"> • Online • Office of SallyCCG (Hawthorn) • In your workplace - travel fee will then be applied 	\$1000 = 4 hours of 1:1 coaching <four leaders to be shared across your leadership team	\$12,000

Any additional Leadership Coaching calls required outside of the scheduled sessions will be charged at the same rate \$250/hr.
 Service delivery offered within the hours of 8am-6pm Monday to Friday

Workplace wellbeing webinars: \$2500

Development and facilitation of a 1hour online webinar delivered by Sally Cooper to your leadership team.

Topics can include:

- Providing constructive feedback to employees
- Identifying psychosocial hazards in the workplace;
- Remote and hybrid work wellness;
- Understanding the risks of shift work on functioning and wellbeing.

Travel time if required as part of <u>any future site visit</u>	\$250/hr - anticipated return journey from office of SallyCCG to any workplace in Metropolitan Melbourne	Dependant on number of site visits required/negotiated.
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All fees are subject to GST and monthly invoices have 14 day payment terms.

ADVANCED LEADERSHIP COACHING PACKAGE

Advanced Leadership Development Coaching program objective is to enhance the strategic thinking, decision-making, and people management skills of mid-level leaders to drive organisational performance and growth.

Monthly coaching can cover some of the following areas to develop knowledge and skills for your leadership team promoting consistency for your company's

- Advanced Communication & Influence
- Strategic Thinking and Decision Making
- Change Management
- Team Leadership and Development of upcoming leaders

Service	Cost per month	Per FY Investment
<p>Advanced Leadership Coaching Monthly 90 minute 1:1 session either:</p> <ul style="list-style-type: none"> • online/phone call support • office of SallyCCG • in your workplace - travel fee will then be applied. 	<p>\$3000 = Nine x Advanced leadership 1:1 x 90 min sessions to be shared across <9 leaders of your company.</p>	<p>\$36,000</p>
<p>Any additional Leadership Coaching calls required outside of the scheduled sessions will be charged at the same rate \$250/hr. Service delivery offered within the hours of 8am-6pm Monday to Friday</p>		
<p>Workplace wellbeing webinars: \$2500 Development and facilitation of a 1hour online webinar delivered by Sally Cooper to your leadership team.</p> <p>Topics can include:</p> <ul style="list-style-type: none"> • Providing constructive feedback to employees • Identifying psychosocial hazards in the workplace; • Remote and hybrid work wellness; • Understanding the risks of shift work on functioning and wellbeing. 		
<p>Travel time <u>if required as part of any future site visit</u></p>	<p>\$250/hr - anticipated return journey from office of SallyCCG to any workplace in Metropolitan Melbourne</p>	<p>Dependant on number of site visits required/negotiated.</p>

All fees are subject to GST and monthly invoices have 14 day payment terms.

ADVANCED MASTERY COACHING PROGRAM

Advanced Mastery Coaching program is delivered to refine the leadership capabilities of senior leaders, fostering visionary leadership, organisational transformation, and executive presence. Custom Leadership Development Plans include tailored development plans to address individual leadership goals and organisational needs for your leadership team.

Monthly coaching can cover some of the following areas:

- Visionary Leadership
- Executive Presence & Influence
- Innovation & Transformation
- Shaping Company Values and Culture as a Leader

Each leader will receive an individual behavioural assessment using the Extended DISC® Profile as part of their 12 month coaching package.

Service	Cost per month	Per FY Investment
<p>Advanced Mastery Coaching 120 min 1:1 session either:</p> <ul style="list-style-type: none"> • online/phone call support • office of SallyCCG • in your workplace - travel fee will then be applied. 	<p>\$4500 = Ten executive mastery leadership sessions of 2hrs/leader/ month to be shared <five leaders of your company.</p>	<p>\$54,000</p>
<p>Any additional Leadership Coaching calls required outside of the scheduled sessions will be charged at the same rate \$250/hr. Service delivery offered within the hours of 8am-6pm Monday to Friday</p>		
<p>Workplace wellbeing webinars: \$2500 Development and facilitation of a 1hour online webinar delivered by Sally Cooper to your leadership team.</p> <p>Topics can include:</p> <ul style="list-style-type: none"> • Providing constructive feedback to employees • Identifying psychosocial hazards in the workplace; • Remote and hybrid work wellness; • Understanding the risks of shift work on functioning and wellbeing. 		
<p>Travel time <u>if required as part of any future site visit</u></p>	<p>\$250/hr - anticipated return journey from office of SallyCCG to any workplace in Metropolitan Melbourne</p>	<p>Dependant on number of site visits required/negotiated.</p>

All fees are subject to GST and monthly invoices have 14 day payment terms.